



Innovative ICT for patient empowerment and self-management for patients with type 2 diabetes mellitus

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- ProEmpower
- English

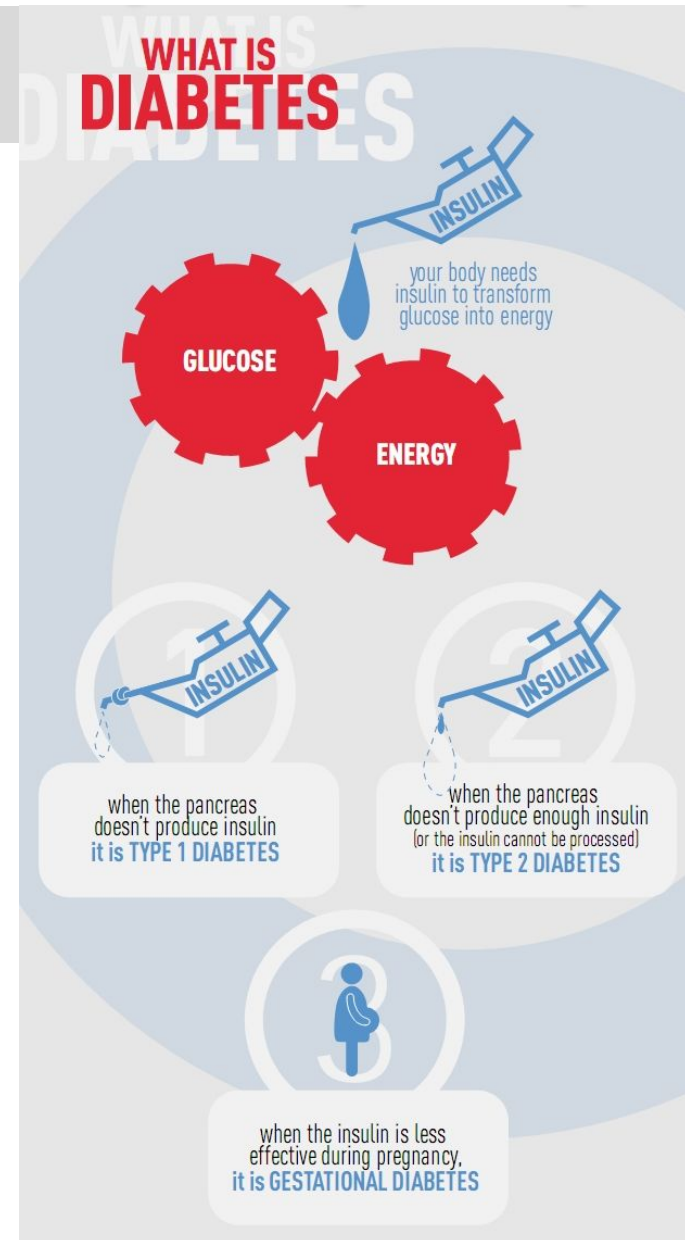
- SC1-PM-12-2016 - PCP - eHealth Innovation in Empowering the Patient
- Turkey, Portugal, Spain, Italy, Germany, Bulgaria



What is diabetes

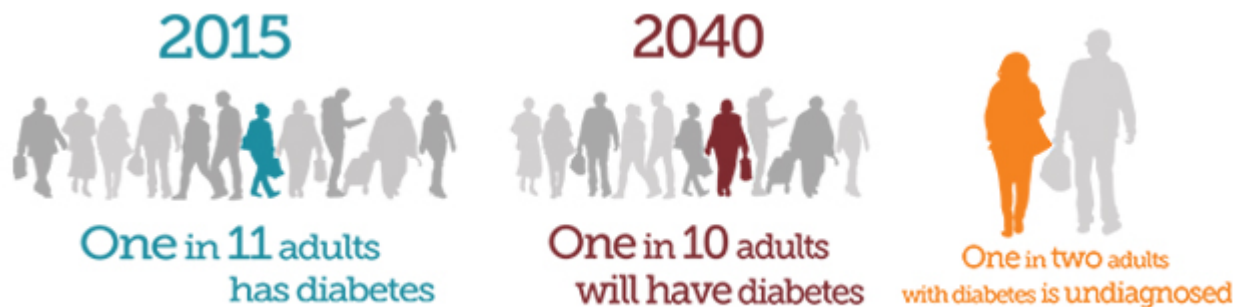
- Diabetes mellitus is a chronic, life-long, rising and very broad disease accompanied by many co-morbid conditions, complications and stages.

Source: International Diabetes Federation. IDF Diabetes Atlas, 7 ed. Brussels, Belgium: International Diabetes Federation, 2015.



Why diabetes?

- The procurers' care systems are also facing an increasing prevalence of diabetes. The disease is expected to grow globally from 8.8% in 2015 to 10.4% in 2040 if no effective counter measures are put in place.
 - Diabetes is seen more and more in younger years,
 - but is also increasing among older people, with the age group 80+ seeing a strong onset of diabetes.



Source: International Diabetes Federation. IDF Diabetes Atlas, 7 ed. Brussels, Belgium: International Diabetes Federation, 2015.

The costs of diabetes

- The costs associated with diabetes include increased use of health services, loss of productivity and disability.
 - As a result, diabetes imposes a large economic burden on individuals and families, national health systems and countries.
 - Diabetes treatment accounts for 12% of healthcare spending.



Source: International Diabetes Federation. IDF Diabetes Atlas, 7 ed. Brussels, Belgium: International Diabetes Federation, 2015.

- **Healthcare systems** world-wide are re-active and fragmented.
- **Fragmentation** leads to gaps in treatment.
- **Personalized care:**
Replacing reactive care with proactive and timely delivery of support employing risk stratification.
- **Multi-disciplinary care:**
adopting a team-based approach with strong coordination of all actions.

- **Overreliance on pharmacotherapy** is proving insufficient.
- **Medication fails** if patients do not change their lifestyle.
- **Lacking patient ownership:** responsibility is delegated to doctors.
- **Person-centered care:** Giving the patient the steering wheel and enabling ownership.
- **Self-management support:** Educating patients to self-manage a healthier lifestyle.
- **Changing life style & nutrition** effectively impedes diabetes.
- **Self-help & peer support:** Creating a supportive environment that reduces external barriers for healthy lifestyles and coping with the disease.

- **Ineffectiveness** of current treatment of diabetes patients
- Patients have diabetes for **12 years before diagnosed**
- Much too **frequent occurrence of severe** long term **consequences** including amputation, blindness and renal failure as well as death
- **Early detection:** actively detecting people with diabetes or pre-diabetes
- **Personalized decision support:** Setting the goals of diabetes care and then deciding which treatments are optimal requires patients and physicians to weigh multiple factors
- **A learning healthcare system:** creating a quality-oriented culture that continuously improves itself

- Procure a continuous disease self-management solution that will make person-centered care a reality.
- We found the market to offer only partial solutions with lacking integration into healthcare processes.



The PCP roadmap

Open Market Consultation

Market sounding

Consultation webinar

Industry consultations in
Lisbon
Napels
Istanbul
Sofia
Murcia

Call for tender

Call open for industry participation

Phase 1

Solution design



Supplier A

Supplier B

Supplier C

Supplier D

Supplier E

Phase 2

Prototype development



Supplier B

Supplier C

Supplier D

Phase 3

Development of pilot systems and testing



Supplier B

Supplier C

May - Jun 2017

Aug - Nov 2017

Jan - Mar 2018
3 months
€450k industry budget

Apr - Nov 2018
8 months
€900k industry budget

Dec 2018 - Feb 2020
15 months
€1,650k industry budget

- We are procurers from four regions in Europe.
- We care for 12 million diabetes patients



Türkiye Cumhuriyeti Sağlık
Bakanlığı, Turkey



Servicio Murciano de Salud,
Spain

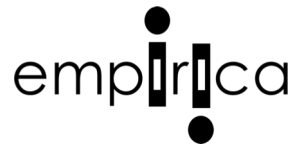


Soggetto Aggregatore della
Regione Campania, Italy



Servicos Partilhados do Ministerio da
Saude Epe, Portugal

- Supported by a team of researchers, consultants and healthcare providers





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- <http://www.proempower-pcp.eu/>
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- Open Market Consultations:
 - 24 May 2017, Murcia ES
 - 29 May 2017, Lisbon PT
 - 31 May 2017, Ankara TR
 - 6 June 2017, Naples IT
 - 8 June 2017, Webinar



Thank you for your attention!
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